



CAREER AWARENESS TOOLKIT

Participant: _____ **Provider:** _____

The iSOSY Career Awareness Toolkit is meant to help you and your student explore themes that are important when thinking about the student's future. It is designed for the service provider to address one unit, or even one question, at a time if there are time constraints. Note that the toolkit could be used as part of an ongoing, deeper interaction with a student or as part of a one-time conversation.

DIRECTIONS: Choose a unit theme and discuss how strongly the student agrees with each particular question/statement (pre-score). Explore the corresponding linked resources together and upon completion, rate how much the student agrees (post-score). Remember that any extra information you are able to share now can make a big difference later!



Unit Theme	Questions/ Statements for the Assessment	PRE-SCORE 1 = disagree 2 = somewhat agree 3 = strongly agree	Resources	POST-SCORE 1 = disagree 2 = somewhat agree 3 = strongly agree
Self-Awareness	I know what kind of activities I find fun.	☐	• Finding Activities You Enjoy • 10 Examples of Career Goals • 7 Tips for Dealing with Change	☐
	I have career goals in mind already.	☐		☐
	I know how to deal with change.	☐		☐

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Self-Awareness cont.	I know what kind of work culture I am looking for: -structured or flexible; commission, -salaried, or hourly; -self-employed or employed by someone else; -close supervision or self-paced; team or independent; -long commute or short, etc .	☐	• The Four Types of Organizational Cultures	☐
	I can identify supports in my life (people, side income, skills, etc.).	☐	• The Benefits and Importance of a Support System	☐
	I know how to take constructive criticism.	☐	• Constructive Criticism: What It Is and How to Take It	☐
Goal Setting	I know my favorite ways to spend my time.	☐	• How to Spend Time in Ways That Make You Happy	☐
	I know what I want to achieve by the time I am 30, 40, etc.	☐	• How to Figure Out What You Want in Life	☐
	I have clear, measurable goals for my career/finances.	☐	• iSOSY Goal Setting (p.13)	☐

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Goal Setting cont.	I know the difference between short-, medium-, and long-term goals.	☐	• iSOSY Goal Setting (p.17)	☐
	I can plan for the future.	☐	• iSOSY Goal Setting (p.23)	☐
	I have skills to overcome setbacks.	☐	• iSOSY Goal Setting (p.19) and Bureau of Labor Statistics	☐
Career Awareness	I know what I do NOT want to do.	☐	• My Next Move (or Mi Próximo Paso)	☐
	I want to work with my hands and solve problems.	☐	• Career Interests Game	☐
	I know what field I want to work in.	☐	• Non-traditional Careers (videos)	☐
	I know where to find info about the salary ranges/ median pay for a variety of careers.	☐	• Compare Occupations	☐
	I know what education/ training I need to get my dream job.	☐	• Bureau of Labor Statistics (K-12)	☐

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Career Awareness cont.	I am familiar with the job or demand outlook for various careers and how demand for the job/career I choose may impact me long-term.	☐	Bureau of Labor Statistics (Jobseeker/Worker)	☐
Financial Awareness	I know how to list items specifically in order to plan a budget.	☐	iSOSY Finanza Lessons	☐
	I know how to estimate cost of living.	☐	Family Budget Calculator	☐
	I am willing to apply for scholarships and I know where to look for info about scholarships.	☐	Finding/Applying for Scholarships / Federal Student Aid	☐
	I know how to open a bank account and use the services offered.	☐	Better Banking - Habits to Maximize Your Savings - Difference Between Checking Accounts & Credit Cards	☐
	I am aware of the retirement savings benefits (or other benefits) that may be available in a variety of careers.	☐	Is Education Worth It? Bureau of Labor Statistics (Employee Benefits Survey)	☐

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Financial Awareness cont.	I am familiar with a variety of retirement savings accounts and the benefits of compounding interest.	☐	• What's a Good Return on Investment? (video) • How Compounding Works in the Stock Market (video)	☐
Education	I know what kind of learning I enjoy.	☐	• Discover Your Learning Style (video) • Learning Style Self-Assessment	☐
	I know what kind of school(s) I can apply for in the state I live in or where I plan to study.	☐	• Seven steps to Choosing the Right College • Tuition & Financial Aid by State	☐
	I know what an apprenticeship is.	☐	• What Should I Look for in an Apprenticeship?	☐
	I know about a variety of ways/ options for paying for the education / training required to land my dream job.	☐	• College Navigator	☐
	I know where to find info on the education and training needed for my dream job.	☐	• Bureau of Labor Statistics (Occupational Outlook Handbook)	☐
	I know how long I will have to go to school for the degree/ certification I need to get my dream job.	☐	• Employment Projections	☐

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Skills and Resources [This section is for students who have already identified a target field/career.]	I can list the main skills required in my dream job/career.	☐	• Bureau of Labor Statistics (Occupational Outlook Handbook)	☐
	I can identify areas of needed skill development through self-assessment.	☐	• Identify Your Skills (video) • Identify Your Skills (activity)	☐
	I seek opportunities to learn new skills on a regular basis.	☐	• Neuroplasticity (video)	☐
	I know professionals in my desired career/field and know how to build relationships with them.	☐	• Bureau of Labor Statistics (Interview with a...)	☐
	I have a mentor in my desired field.	☐	• 5 Tips for Finding a Great Mentor	☐
	I have the ability to identify the hard and soft skills I already possess and give examples of how they are important in my desired career.	☐	• Hard Skills vs. Soft Skills: What's the Difference?	☐