



## Goal Setting Assessment: Scoring Rubric



Each *Goal Setting* and *Learning Plan* development program, whether a one-hour workshop or a six-session series, aims for the same objectives. OSY will envision their future, document that vision, state a long-term goal and several short-term goals, consider resources and obstacles, create a plan to get started, and be ready to start and continue the plan. Programs may adjust, compress, or omit any of the six lessons in accordance with student and program needs; however, the same tool is used to assess student outcomes.

The iSOSY benchmark is that 80% of participants should have a *Goal Setting Assessment Rubric* score of eight (8) or above; this is reported by each state program in the end-of-year *Director's Report*. A score on the simple rubric below should be recorded for all students who have completed the program's *Goal Setting* instruction session(s), whether or not they participate in the *Guided Self-Reflection*.

Student Name / ID#: \_\_\_\_\_

Assessment Date: \_\_\_\_\_

Provider: \_\_\_\_\_

### 1. The student was an active participant in the Goal-Setting Experience.

1	2	3	4	5
Absent or disruptive	Passive participation	Some active participation	Active participation	High-quality participation

### 2. The student met the standards of the Goal-Setting Experience.

1	2	3	4	5
Standards entirely unmet	Standards partially met	Standards nearly met	Standards met	Standards exceeded

Total Score: \_\_\_\_/10